

Some Important Notes About Consumption

Healthy Consumption:

We believe that informed consuming is essential to a normal and productive existence. In addition to all of the junk food you've come to expect from Consume, we've included various "Fat-Free", "Diet", "Healthy", and natural selections such as fresh fruit and vegetables. Look for the little heart man next to the bowl.

Challenging Consumption:

Come join us for the first ever Consume Food Olympics. Be a spectator at eight grueling events, or put together your own team and go for the gold. Event #1 begins Friday at 12pm, so sign up early to avoid loss of points.

Consume's Continuous Raffle

We're giving away a slew of great prizes. All proceeds go to help hungry children via the United Way. You have until 4pm on Monday to claim any winning tickets. Note: The raffle is your only chance to win a coveted Consume t-shirt!

Bedtime Consumption

Every evening at 11pm, Consume brings you hot chocolate, milk, cookies, and a timeless classic from our youth. Bring your blanket and a good friend.

Plus tons more! Stop in and ask someone with an "I Care" button for an update!



Consume was brought to you by:

LAcou III

*Rebecca Bleau
Nicholas Cravotta
Sherry Benoun
Tony Benoun
David Proctor
Ken Thompson*

Special Thanks to:

*Marian Sandstrom
Susie Storey
Larry Stewart*

The Elves and Fairies

All the Consumers

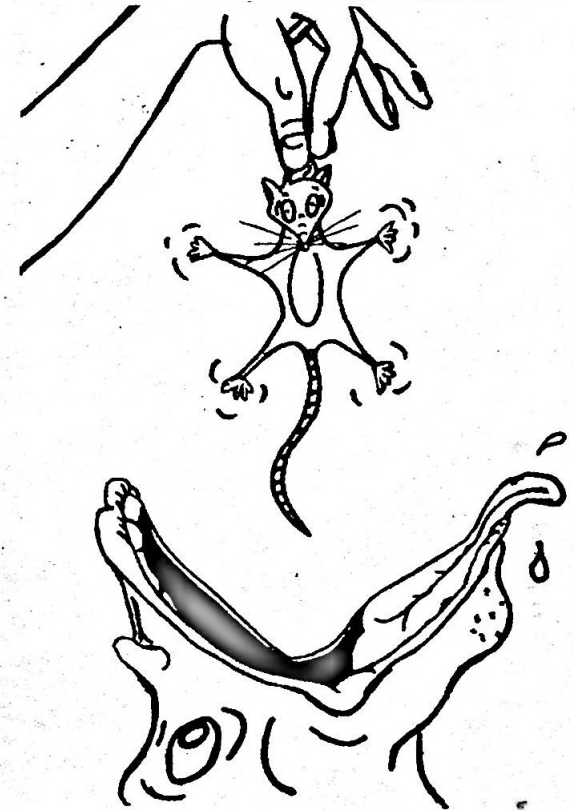
*and
Ed Green*



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Pocket Menu



LAcou III's Hospitality Suite

Thursday

- 12pm Opening Ceremonies**
Special grand opening sale!
- 1pm Weigh In**
Tare readings registered. See if you can lose/gain the most weight at Consume.
- 3pm 5 minutes of Otter Pops**
Line starts at 2:30pm.
- 5pm International Food Hour**
Food from around the world.
- 7pm Toast to Guests of Honor**
Join us in toasting the health, wealth, and prosperity of our GOHs.
- 8pm Culture Hour with Rebecca Bleau**
Fine art, togas, and cheesecake. Come pose for us.
- 10pm Rat's Nest**
- 11pm Bedtime Story**
The Velveteen Rabbit
- 12am Wheel o' Food**
- 1am Dave's Hour**
Talk to Dave. It's his hour.

Friday

- 10am Surprise!**
Early birds get the worm.
- 11am Generic Hour**
- 12pm Food Olympics Event #1**
Pie Eating.
- 1pm Mystery Box Lunch**
- 2pm Create Your Own Soda**
Come carbonate your own.
- 3pm Food Olympics Event #2**
The Watermelon Roll.
- 4pm Happy Hour**
Free food if you buy a drink.
- 5pm Food Olympics Event #3**
Marshmallow Mouth Stuffing.
- 6pm Chocolate Orgy**
50 pounds of chocolate. 'Nuff said.
- 8pm Culture Hour with Larry Stewart**
A dramatic reading scheduled to cause world panic.
- 10pm Music Hour**
Play with yourself and others. (Instruments will be provided.)
- 11pm Bedtime Stories**
The Giving Tree and Where the Wild Things Are.
- 12am Wheel o' Food**
- 1am Trivial Dessert**
For the pie.



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Saturday

- 10am Saturday Morning Cartoons**
Garbage cereal, popartars, chocolate milk, Tang... All part of this complete breakfast.
- 12pm Food Olympics Event #4**
The Pudding Suck.
- 1pm Fruit Paradise**
Get Regular.
- 2pm Water Tasting**
It's not just for drinking anymore.
- 3pm Food Olympics Event #5**
Speed-Chugging.
- 4pm Fast Food**
Food that's fast. Help us pick the king.
- 5pm Food Olympics Event #6**
Pickled Pig's Feet Challenge.
- 6pm Bingo!**
Early bird at 6pm. Regular games start at 6:30pm.
- 8pm Culture Hour with Marian Sandstrom/Susie Storey**
Caviar, brie, and opera.
- 10pm Pizza Hour**
From 1 to 100 pizzas. While they last.
- 11pm Bedtime Story**
Ghost Stories.
- 12am Wheel o' Food**
- 1am The Elitest Party**
Gold card members only. Win one in the raffle.

Sunday

- 10am Morning Services**
We're trying to line someone up. No trap.
- 11am The MRE Experience**
Test the theory that the strength of an army is inversely proportional to how good its food is...
- 12pm Food Olympics Event #7**
Egg Blowing.
- 1pm Eating of the Candy Mural**
- 2pm World Record Attempt**
Witness a piece of history. This is for real. Don't crush those aluminum cans.
- 3pm Food Olympics Event #8 and Medals**
The Watermelon Discus Throw. Tie-breaker.
- 4pm Nap Time**
Cookies, milk, and nap. Will you be the wake-up fairy?
- 5pm Crowning of the King and Queen of Consume**
Make sure you cast your vote before 4pm.
- 6pm Nick and Rebecca's Anniversary Dinner**
6 lucky raffle winners get to join in the festivities.
- 8pm Culture Hour: Open Mic**
Subject us to yourself. Spill your guts or someone else's.
- 10pm Whip Creaming**
Winners must be present to whip. See raffle board for details and photos of victims.
- 11pm Bedtime Story**
The Little Prince.
- 12am Wheel o' Food**
- 1am Food Jenga**
Survival of the fittest.

Monday

- 11am Meditation/Yoga**
BYOM.
- 12pm Wheel o' Food**
- 1pm All-American Hour**
- 2pm ConCeption**
For people who were born.
- 3pm Weigh Out**
It all comes down to this.
- 4pm Moving Sale!**
The final raffle. Your only chance to win a Consume T-shirt. All unclaimed prizes are given away at this time.
- 5pm Closing Ceremonies**
What are you still doing here? Go away. Go home.

